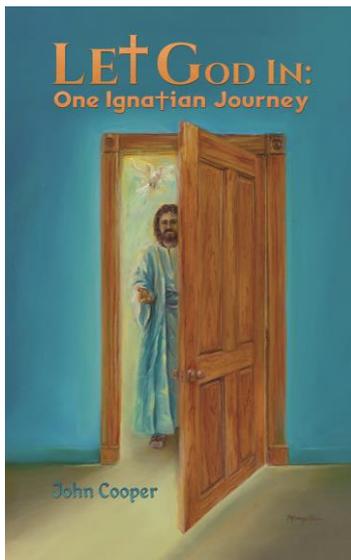


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Let God in: One Ignatian Journey – John Cooper

Paperback	ISBN	9781528927482	RRP:	£8.99	RRP:	\$8.95
Hardback	ISBN	9781528927499	RRP:	£10.99	RRP:	\$22.95
Epub Ebook	ISBN	9781528965095	RRP:	£3.50	RRP:	\$4.50



About the Book

Perhaps you are a lifelong Christian as is the author, John A. Cooper. Perhaps you are thinking, "I have already let God into my life and my salvation is assured." Perhaps you are not a Christian, maybe you are Muslim, or atheist, or maintain another belief system, or no system at all. Then, this book is for you!

Even if you have a relationship with God, would you open the door to your heart even wider and give up everything to live only in the love and Grace of God? Notice the cover art and symbol for the Holy Spirit, the light from the Father, and Jesus, all One God, all of the same substance. Jesus' hands reach out for you...

Will you let Him into your life? Will you open the door even wider if he already lives in you? May Jesus be your Peace?

Praise for Let God In: One Ignatian Journey

'John, you share yourself beautifully, both in your life experiences and in your imagination of scripture scenes, in the way you image Jesus, and how you apply those prayers to your personal and spiritual growth. This is a book that will invite all who read it with humility and courage to seek God in their everyday life experiences, with greater depth, trust, and unity. Thank you for sharing this book with me.' - Bob Fitzgerald, former Executive Director Ignatius House, Atlanta, GA; currently Adjunct Lecturer, Spring Hill College; and Spiritual Director.

'This book is both a personal testimony and a practical guide. As in the story of St. Ignatius, the sudden loss of lifelong ambitions led to the grace of transformation, from self-confident determination to profound surrender, to the living Christ. Cooper shares a condensed version of his personal journal during the Spiritual Exercises in daily life. His notes for 32 weeks of prayer and reflection offer a very practical template for others to make their own journey of transformation.'

- Christopher Viscardi, S.J., Director of Spiritual Direction Program, Spring Hill College.

About the Author

John Cooper was born in Paris, Illinois, on January 15, 1949. He was baptised Roman Catholic and grew up on his father's and uncles' farms. After graduating from Marshall, IL High School, he attended Samford University in Birmingham, AL. He left college and became a cabinetmaker, having his own business for about 45 years. About three years ago, he returned to the Catholic Church of his youth. Having recently passed along his business to a younger person, John attended Spring Hill College in Mobile, AL, finishing his requirements for a Certificate in Spiritual Direction (CSD) in the Summer of 2019.

Let God in: One Ignatian Journey by John Cooper is published by Austin Macauley and is available on Austinmacauley.com, Amazon and all good booksellers.

For more information, please visit <https://www.austinmacauley.com/book/let-god-one-ignatian-journey>

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